DCI wants to help provide an easy way to access resources to our patients. Below is a list of resources available in your state. If you have any questions about specific resources available in your area, talk to your clinic social worker.

State Name: **Tennessee**

- **Find Help:**
  - **Aunt Bertha** – [https://www.auntbertha.com/](https://www.auntbertha.com/)
    - Search for FREE or reduced cost services like medical care, food, job training, and more.

- **Financial Support:**
  - **Tennessee Department of Human Services Emergency Cash Assistance Application** due to loss of employment (online only)

- **Food Assistance:**
  - **Tennessee Department of Human Services SNAP/Food Stamp Program**
    - [https://www.tn.gov/humanservices/for-families/supplemental-nutrition-assistance-program-snap/applying-for-services.html](https://www.tn.gov/humanservices/for-families/supplemental-nutrition-assistance-program-snap/applying-for-services.html)
    - 1-866-311-4287, press 5 after the greeting to speak with someone

- **Mental Health:**
  - **Tennessee Department of Mental Health & Substance Abuse Services (TDMHSAS)**
- [https://www.tn.gov/behavioral-health/mental-health-services.html](https://www.tn.gov/behavioral-health/mental-health-services.html)
- **TDMHSAS Helpline:** Monday - Friday, 8 a.m. to 4:30 p.m. CST  
  Phone: 1 (800) 560-5767

- **Medicaid:**
  - **TennCare**
    - [https://www.tn.gov/tenncare.html](https://www.tn.gov/tenncare.html)
    - Phone: 1 (855) 259-0701

- **Transportation:**
  - TennCare (Medicaid) Call Centers for medical transportation
    - **Tennessee Carriers for Amerigroup & UHC Members:**
      - Phone: 1 (866) 405-0238
    - **Southeastrans for BlueCare Members:**
      - Phone: 1 (866) 473-7563

- **Unemployment:**
  - **Tennessee Unemployment**
    - [https://www.tn.gov/workforce/covid-19/employees.html](https://www.tn.gov/workforce/covid-19/employees.html)
    - Phone: 1 (844) 224-5818

- **Extra Resources:**
  - **Tennessee 2-1-1:** Dial 211 for local community resources available in the county of residence