



## COVID-19 Patient Resources

DCI wants to help provide an easy way to access resources to our patients. Below is a list of resources available in your state. If you have any questions about specific resources available in your area, talk to your clinic social worker.

State Name: **California**

- Find Help:
  - **Aunt Bertha** – <https://www.auntbertha.com/>
    - Search for FREE or reduced cost services like medical care, food, job training, and more.
- Financial Support:
  - **Office of the Governor**
    - <https://covid19.ca.gov/get-financial-help/#top>
- Food Assistance:
  - **United Way – CL 211**
    - <https://211ca.org/>
    - Phone: 2-1-1
- Mental Health:
  - **Office of the Governor**
    - <https://covid19.ca.gov/manage-stress-for-health/#top>
  - **24-hr Suicide Prevention Lifeline:**
    - Phone: 1 (800) 273-8255
    - Text: 838255
  - **24-hr Domestic Violence Hotline:**
    - Phone: 1 (800) 799-7233
- Medicaid:
  - **Medi-Cal**
    - <https://www.dhcs.ca.gov/services/medi-cal>

- Transportation:
  - **Caltrans**
    - <https://dot.ca.gov/>
- Unemployment:
  - **Employment Development Department**
    - <https://www.edd.ca.gov/unemployment/eligibility.htm>
- Extra Resources:
  - **United Way – CL 211**
    - <https://211ca.org/>
    - Phone: 2-1-1