

# Reach Kidney Care<sup>SM</sup>

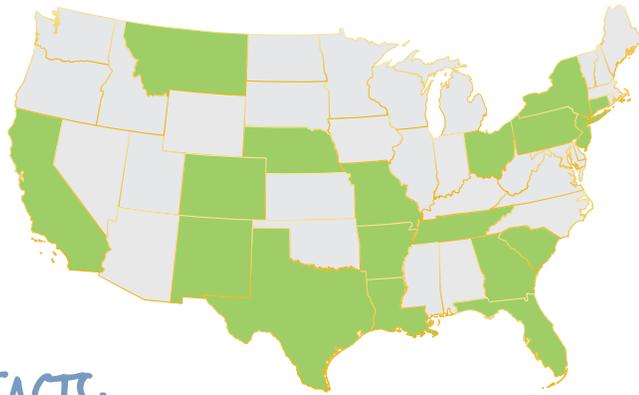
Real Engagement Achieving Complete Health

WWW.REACHKIDNEYCARE.ORG



## WE STRIVE TO IMPROVE THE HEALTH OF ALL PEOPLE WITH KIDNEY DISEASE EVERY DAY.

Reach Kidney Care is a chronic kidney disease education program started by Dialysis Clinic, Inc., in 2011. As a patient-advocacy group, the mission has always been to provide education to delay kidney failure and prevent the need for dialysis. If dialysis is necessary, Reach Kidney Care coordinators will help patients choose the renal replacement therapy that is best for them. Reach Kidney Care also works to increase access to transplantation or end-of-life care. There are currently 26 locations serving 3,500 patients.



### FAST FACTS:

**26 MILLION**

Americans have some stage of CKD.

**1 OUT OF 3**

American adults is at risk for developing CKD.

**121,000+**

Americans are waiting for a life saving kidney transplant.

**13**

Americans die every day while waiting for a kidney.

**9 OUT OF 10**

Americans with CKD don't know they have it.

**47,000+**

Americans died from kidney failure in 2013.

## WHAT IS KIDNEY DISEASE?

Chronic kidney disease (CKD) is often referred to as the **silent killer**. It is the gradual loss of kidney function.

Those with CKD often go on to permanent kidney failure. The damage that results from chronic **kidney disease cannot be reversed**.

The two most common causes of kidney disease are **diabetes and high blood pressure**. If your family has a history of any kind of kidney problems, you may be at risk for kidney disease.

If your renal function drops below 15 percent, you cannot live long without some form of kidney replacement therapy—either **dialysis or transplantation**.

However, with proper intervention and education, **kidney failure can sometimes be prevented or delayed** by adjusting diet, medications or incorporating more physical activity into your lifestyle.

And that's where **Reach Kidney Care** comes into play.

MORE INFO:  
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